



***In Vitro* evaluation of free radical scavenging activity of chitosan**

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Abstract

To investigate antioxidant potency of chitosan in various established in vitro systems, such as superoxide (O₂⁻)/hydroxyl (-OH) radicals scavenging, DPPH and reducing power. The reducing capability ranged from 15.47 % to 19.00% at varying concentration (0.125 to 1.0mg/ml). The 1, 1-diphenyl-2-picrylhydrazyl (DPPH) radical scavenging potential of chitosan ranged from 28.37% to 38.03% at varying concentrations (0.125 to 1.0mg/ml). Hydroxyl radicals scavenging activity of chitosan (0.125- 1.0 mg/ml) was ranging from 12.20% to 40.10%. Superoxide anion radical was ranging from 15.20% to 32.10% for the concentration between 0.125-1.0 mg/ml. overall, chitosan was good in antioxidant activity, and may be used as a source of antioxidants, as a possible food supplement or ingredient in the pharmaceutical industry. Finally, the scavenging rate and reducing power of chitosan increased with their increasing concentration.

Key-Words: Antioxidants, Chitosan

Introduction

Oxidative stress results from an imbalance between the generation of reactive oxygen species and endogenous antioxidant systems. ROS major sources of primary catalysts that initiate oxidation in vivo and in vitro [1, 2]. These ROS creates oxidative stress which results in numerous diseases and disorders such as cancer, cardiovascular disease neural disorder, Alzheimer's disease, mild cognitive impairment, Parkinson disease, Alcohol induced liver disease, ulcerative colitis, aging and atherosclerosis [3-6]. Nature has played an instrumental role in providing effective therapeutic entities. The historical relationship between mankind and the sea is usually for travelling, trading and as a nutritional source. Ocean cover more than 70% of the earth's surface but represents 95% of the biosphere (Ellis 2001). Chitin, found in the shell of crustaceans, the cuticles of insects, and the cell walls of fungi, is the second abundant biopolymer in the nature (Knorr 1984). Chitosan, a copolymer of (1→4)-2-acetamido-2-deoxy-β-D-glucan and (1→4)-2-amino-2-deoxy-β-D-glucan, has been receiving great attention as novel functional material for its excellent biological properties such as biodegradation, immunological, antioxidant and antibacterial activities [7-9].

The antioxidant activity of chitosan and its derivatives has been reported [10–14]. Xie proposed the role of NH₂ group in chitosan in the process of free radical scavenging [15]. And then it was proved by the researches of Lin and Kim [16–18]. The objective of this study was to assess the antioxidant activities of chitosan.

Material and Methods

Drugs and chemicals

Chitosan was obtained as a gift from M/s. apex laboratories, Chennai, all of the other chemicals and reagents were obtained from Sigma Aldrich, Mumbai.

Scavenging ability on 1, 1-diphenyl 1-2-picryl hydroxyl radicals (DPPH)

The scavenging effect of chitosan on DPPH radical was examined using the modified method described earlier by Shimada et al [19]. Each chitosan sample (0.125-1.0mg/ml) in 0.2% acetic acid solution was mixed with 1ml of methanolic solution containing DPPH radicals, results/resulted in a final concentration of 1.0mM DPPH. The mixture was shaken vigorously and left to stand for 30min in the dark and the absorbance was then measured at 517nm against a blank. Ascorbic acid and BHA were used as standard. The scavenging ability was calculated as follows:

$$\text{Scavenging ability (\%)} = \frac{[\Delta A_{517} \text{ of control} - \Delta A_{517} \text{ of sample}]}{\Delta A_{517} \text{ of control}} \times 100.$$

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Hydroxyl radical assay

The rate of reaction of hydroxyl radical with a putative antioxidant was determined by the deoxyribose method of Halliwell et al [20]. The reaction mixture containing chitosan (0.125, 0.25, 0.5, 1.0 mg/ml) was incubated with deoxyribose (3.75 mM), H₂O₂ (1 mM), FeCl₃ (100 IM), EDTA (100 IM) and ascorbic acid (100 IM) in potassium phosphate buffer (20 mM, pH 7.4) for 60 min at 37°C. The reaction was terminated by adding 1 ml of TBA (1% w/v) and 1 ml of TCA (2% w/v) and then heating the tubes for 15 min in a boiling water bath. After cooling, the absorbance of the mixture was measured at 535 nm against reagent blank. Ascorbic acid was used for comparison. The hydroxyl radical scavenging activity was calculated as following:

$$\text{Scavenging effect (\%)} = \frac{[(A_{\text{sample}} - A_{\text{blank}})]}{[(A_{\text{control}} - A_{\text{blank}})]} \times 100$$

Where A_{blank} presents the absorbance of the blank (distilled water, instead of the chitosan) and A_{control} presents the absorbance of the control (distilled water, instead of H₂O₂). Each test replicated three times.

Superoxide anion radical scavenging assay

The superoxide scavenging ability of chitosan was assessed by the method of Xing. The reaction mixture, containing chitosan (0.125, 0.25, 0.5, 1.0 mg/ml), PMS (30 IM), NADH (338 IM) and NBT (72 IM) in phosphate buffer (0.1 M, pH 7.4), was incubated at room temperature for 5 min and the absorbance was read at 560 nm (Shimadzu UV-Vis Spectrophotometers) against a blank. Ascorbic acid was used for comparison. Each test replicated three times.

$$\text{Scavenging effect (\%)} = \frac{(1 - A_{\text{sample}})_{560\text{nm}}}{(1 - A_{\text{control}})_{560\text{nm}}} \times 100$$

Reducing power

Reducing power was determined according to the method of Oyaizu [21]. Each chitosan sample (0.125 - 1.0 mg/ml) was mixed with 2.5 ml of phosphate buffer (0.2M, PH-6.6) and 2.5 ml of potassium ferric cyanide (1%). Reaction mixture was kept in a water bath at 50°C for 20 minutes. After incubation, 2.5 ml of trichloroacetic acid (10%) was added and centrifuged at 3,000 rpm for 10 minutes. From the upper layer, 2.5 ml solution was mixed with 2.5 ml of distilled water at 0.5 ml of ferric chloride (0.1%). Absorbance of all the solution was measured at 700 nm. Increased

absorbance indicated increased reducing power. Ascorbic acid was used for comparison.

Results and Discussion

Scavenging ability on 1, 1-diphenyl 1-2-picryl hydroxyl radicals (DPPH):

The scavenging ability of chitosan on DPPH radicals was reported at 38.03% at 1 mg/ml. Ascorbic acid and BHA showed moderate to high scavenging abilities of 45.10% and 49.03% respectively. Thus the antioxidant activity of chitosan was found to be a moderate scavenger for DPPH radicals. The DPPH radical scavenging potential of chitosan ranged from 28.37% to 38.03 at varying concentrations (0.125 to 1 mg/ml). Ascorbic acid and BHA were used as standard (Fig. 1).

Hydroxyl radical scavenging activity:

The chitosan had obvious scavenging activity and exhibited a concentration-dependent inhibition of deoxyribose oxidation. Moreover, it had Scavenging activity on hydroxyl radical compared with ascorbic acid (Fig. 2). Scavenging effect of chitosan was 27.90% at concentration of 0.5 mg/ml, whereas scavenging effect of ascorbic acid was 34.00% at same concentration. Hydroxyl radicals scavenging activity of chitosan (0.125- 1 mg/ml) was found to be 12.20 % to 40.10%. Ascorbic acid was used as standard.

Superoxide anion radical scavenging activity:

The inhibitory effect of the chitosan on superoxide anion radical was ranging from 15.20% to 32.10% for the concentration between 0.125-1 mg/ml (Fig. 3). However, the scavenging effect of Ascorbic acid (0.125- 1 mg/ml) was found to be higher than the chitosan and the range was from 19.00% to 45.00%. Ascorbic acid was used as standard.

Reducing power:

The reducing capability of chitosan was assessed based on the measurement of Fe³⁺-Fe²⁺ transformation. At 0.125 mg/ml of chitosan showed slight reducing power of 15.47%. The reducing power of chitosan was correlating well with increasing concentration. But values remained lower than ascorbic acid 34.50% at 0.125 mg/ml (Fig. 4). The reducing capability ranged from 15.47 % to 19.00% at varying concentration (0.125 to 1 mg/ml). Ascorbic acid was used as standard.

Yen *et al.* [22] reported that crab chitosan showed moderate to high antioxidant activities of 58.3-70.2% at 1 mg/ml and high antioxidant activities of 79.9-85.2% at 10 mg/ml. In addition, the antioxidant activities of crab chitosan C60, C90 and C120 correlated with their N-deacetylation times. In the present investigation, chitosan showed consistent antioxidant activity with increased concentration.

Antioxidant activity of chitosan was 28.37-38.03% at 0.125 to 1mg/ml.

One important mechanism of antioxidant involves the scavenging of hydrogen radicals. DPPH has a hydrogen free radical and shows a characteristic absorption at 517nm [23]. After encountering the proton-radical scavengers, the purple color of the DPPH solution fades rapidly [24]. In this study, DPPH was used to determine the proton-scavenging activity of the various disaccharide chitosan derivatives.

Yen *et al.* [22] reported that fungal chitosan scavenged DPPH radicals by 28.4-53.5% at 10mg/ml, obviously chitosan from crab shells and *shiitake stipes* was also not an effective scavenger for DPPH radicals. Yen *et al.* [25] reported the scavenging ability of crab chitosan C60 on DPPH radicals was 28.4% at 10mg/ml, whereas these of other crab chitosan were in the range of 46.4-52.3%. The scavenging ability of chitosan was 38.03% at 1mg/ml. However, at 1mg/ml, BHA and Ascorbic acid showed scavenging abilities of 49.03% and 45.10% respectively.

Superoxide anion is a reduced form of molecular oxygen created by receiving one electron. It is an initial free radical formed from mitochondrial electron transport system [26]. Superoxide anion radicals are produced by a number of cellular reactions, including various enzyme systems, such as lipoxygenases, peroxidase, NADPH oxidase and xanthine oxidase. They play an important role in the formation of other cell damaging free radicals, such as hydrogen peroxide, hydroxyl radical, or singlet oxygen in living systems. In the present study a superoxide radical scavenging assay was based on the capacity of chitosan to inhibit the reduction of nitro blue tetrazolium (NBT). Significant scavenging of superoxide radical was evident at all the tested concentration of chitosan. At 0.5mg/ml, the scavenging percentage of chitosan against superoxide radical was 46.17 %.

Although superoxide is a relatively weak oxidant, it decomposes to form stronger reactive oxidative species, such as single oxygen and hydroxyl radicals, which initiate peroxidation of lipids [27]. In the present study, chitosan effectively scavenged superoxide in a concentration dependent manner. Further, superoxides are also known to indirectly initiate lipid peroxidation as a result of H₂O₂. Hydroxyl radical scavenging activity of chitosan was obtained in the deoxyribose system. In this system, chitosan exhibited a concentration-dependent inhibition of deoxyribose oxidation. Earlier, numerous workers Halliwell *et al.* [20] have employed this system to assess the biological activity of various natural plant-derived

biomolecules. Smith *et al.* [28] reported that molecules that can inhibit deoxyribose degradation are those that can chelate iron ions and render them inactive or poorly active in a Fenton reaction. In the present study, in another assay system, we found chitosan had moderate chelating effect. So, it is likely that the chelating effect of chitosan on metal ions may not be responsible for the inhibition of deoxyribose oxidation.

The reducing power of different molecular weights of γ -ray treated chitosan has determined by potassium ferricyanide reduction method showed that low molecular weight γ -ray treated chitosan exhibited high reducing power and the reducing power increased with the increases of chitosan concentration [29]. In the present study, the reducing power of chitosan was 19.00% at 1mg/ml. However, ascorbic acid showed reducing power of 98.70 at 1mg/ml respectively. It shows that chitosan was not effective in reducing power. It seems that reducing powers of chitosan also correlated with their N-deacetylation times [25].

Conclusion

Based on this study, Chitosan show significant antioxidant activity. Antioxidative properties of the various chitin and chitosan extracts are of great interest in food industry, since their possible use as natural additives emerged from a growing tendency to replace synthetic antioxidants by natural ones. Owing to its excellent protective features exhibited in antioxidant activity tests, the chitin and chitosan extracts from the crustacean species could be concluded as a natural source that can be freely used in the food industry. This study identifies opportunities to develop value added products from crustacean processing by-products with biological activity such as antioxidant properties.

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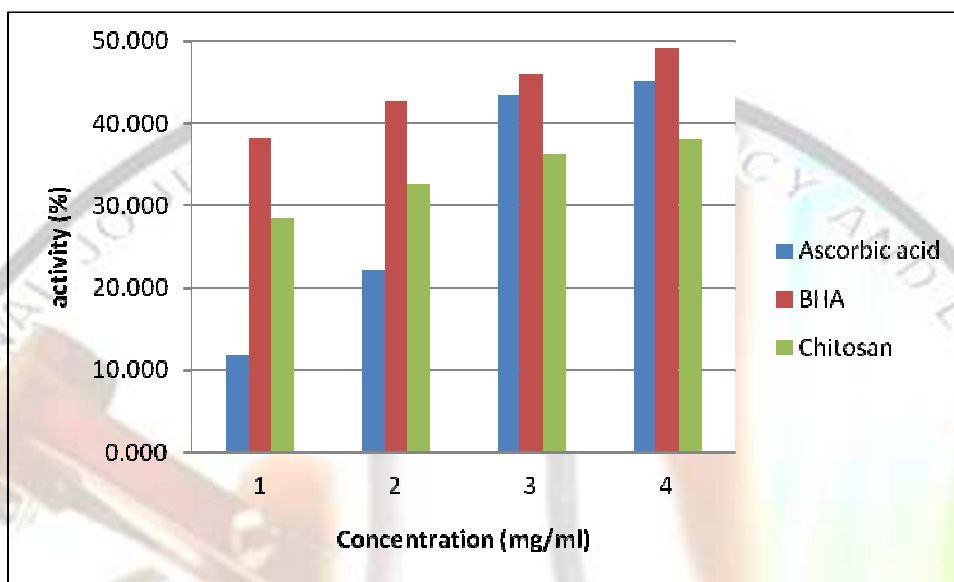


Fig. 1: Scavenging activities of the chitosan, ascorbic acid and BHA on DPPH radical.
Each test replicated three times

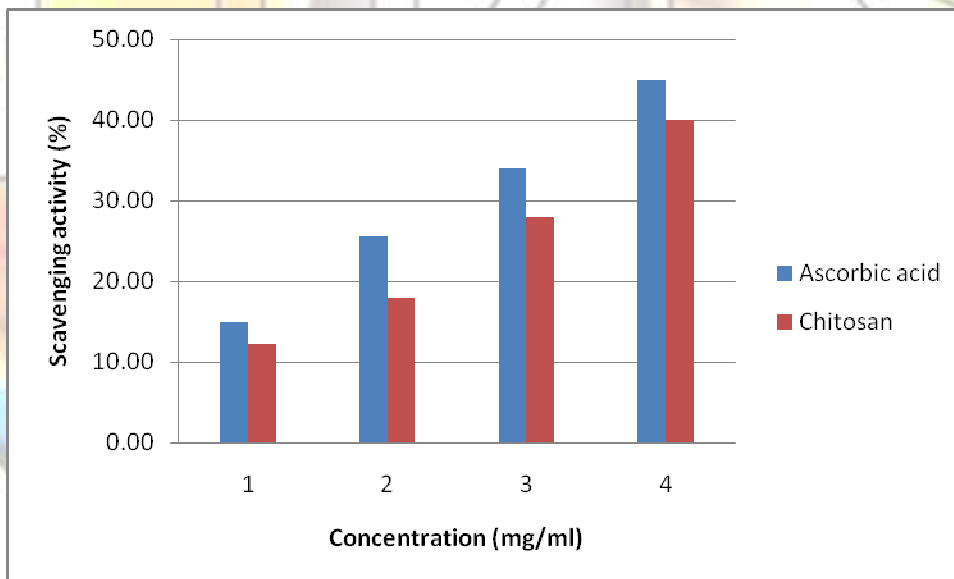


Fig.2: Scavenging effects of the chitosan and ascorbic acid on hydroxyl radicals.
Each test replicated three times

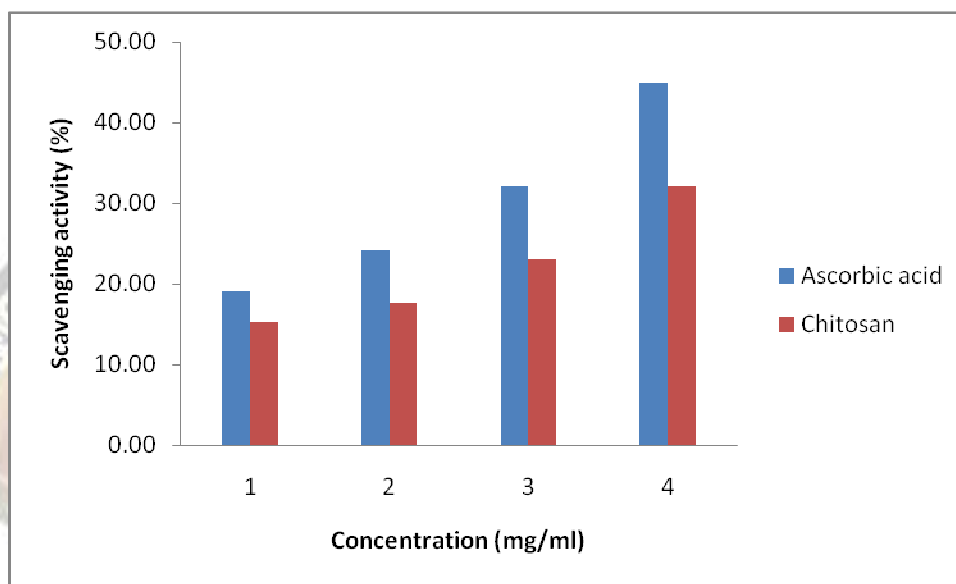


Fig. 3: Scavenging effects of the chitosan and ascorbic acid on Superoxide anion radicals. Each test replicated threetimes

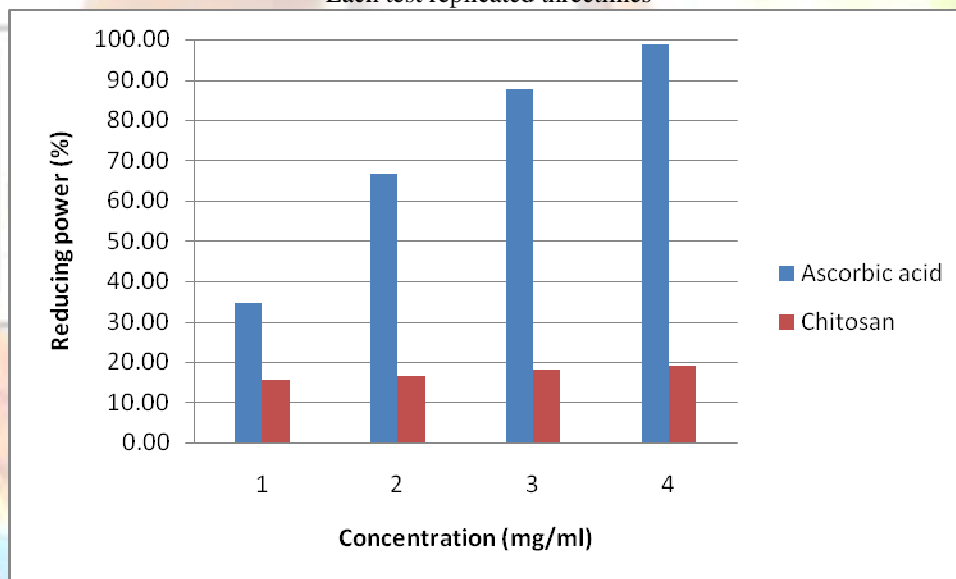


Fig. 4: Reducing power of the chitosan ascorbic acid