



INTERNATIONAL JOURNAL OF PHARMACY & LIFE SCIENCES (Int. J. of Pharm. Life Sci.)

Evaluation effects of hydrogen peroxide on health status and quality characterization of *Nile tilapia* (*Oreochromis niloticus*)

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Abstract

This study was based on investigation effects of hydrogen peroxide on health status, physicochemical, microbiological, Sensorial and nutritional quality for two stocking rates for intensive culture of tilapia mono sex males (10 and 20 fish /m³). In which, three doses of hydrogen peroxide H₂O₂ were used; (0, 350 and 500mg/m³) for 24 weeks to both stocks. Chemical, microbiological and sensory analyses were performed to investigate quality changes, and to determine the best sensorial and nutritional quality. The proximate, peroxide values (PV), thiobarbituric acid values (TBA), total bacterial count (TBC) and mould count were found statistically significant ($P \leq 0.05$), in the low density stocked fish treated by 350 mg H₂O₂. Finally, (after 24 weeks) 10 fish /m³ recorded the best of nutritional quality and health to ensure safety by avoiding any threat to the health of the consumer. Protein%, fat% and ash% contents of low stocked density fish treated by 350 mg H₂O₂ samples had marked increase compared to the other treatment. The result indicated a much lower content of PV, TBA and TVB-N values in the low density stocked fish treated by 350 mg H₂O₂ in comparison with the other treated fresh fish samples other than control. These PV, TBA and TVB-N values were much lower than acceptable limit. The result also revealed that samples of low density stocked fish treated by 350mg H₂O₂ had lower TBC and mould count than the control. The organoleptic results showed that samples of low density stocked fish treated by 350mg H₂O₂ had the best acceptance, overall acceptability and were significantly different ($P \leq 0.05$), when compared to the control. Based on results obtained in this study, it could be concluded that, levels of intensive 10 fish /m³ were better than 20 fish /m³. In addition to that, fish treated by 350 mg H₂O₂ gave the best nutritional quality and health. While stocking 20 fish /m³ treated with hydrogen peroxide was of best economic efficiency when compared to other treatments.

Key words:Hydrogen peroxide, Health, Fish

Introduction

Nutritional quality of a food is very important. The nutritional importance of seafood has increased substantially because of beneficial effects of eating seafood fats and oils (Azam et al., 2004). Seafood is also an important source of high quality and highly digestible protein and a respectable source of essential minerals (Nettleton, 1992). The nutritional quality of seafood is affected by body part of the seafood being consumed, method of handling, processing (including cooking at home), harvest, sex and species (Krzynowek, 1988).

Hydrogen peroxide (H₂O₂) is a perfect disinfectant item because it has antimicrobial effects. Moreover, it's easy degradable into harmless by-products. Now, the use of H₂O₂ in aquaculture is relatively moderate when compared to other disinfectants like formalin and salt (Shehab et al., 2017).

Hydrogen peroxide has also been used in aquaculture as an immersion (bath) treatment against many different disease-causing organisms, including external parasites, bacteria, and fungi, on different species and life-stages of fish. The U.S. Food and Drug Administration (FDA) recently approved a hydrogen-peroxide-based aquaculture product, which has spurred greater interest in its use. In order to increase the practical use of H₂O₂, fish farmers need

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to aware about its benefits and risks. When added to water, hydrogen peroxide breaks down into oxygen and water over time, forming these by-products is one of the reasons that hydrogen peroxide is considered most safe for the environment. The highly reactive character of hydrogen peroxide is somewhat similar to potassium permanganate (an ideal therapy in aquaculture against many pathogenic organisms, but unfortunately too expensive), (Hartmann, 2010). In most aquaculture systems, permanent or periodic water disinfectants are used to improve fish rearing health status through preventing, controlling, and eliminating pathogenic microbes; as adding some chemicals, constant disinfectants, ultraviolet (UV) irradiation and ozone production, especially in modern recirculation systems (RAS) (Pedersen et al., 2015).

Partial or complete recirculation aquaculture systems use a common technology, such as mechanical and microbiological filtration, without relying on UV or ozone disinfection; the latter being often neither logistical nor economically feasible. Such systems may be attacked by pathogens such as *Ichthyophthirius multifiliis* (the parasite responsible for white spot disease or Ich) and must then rely on effective water treatment strategies to avoid Severe losses (Jørgensen et al., 2014). Formalin is an example of a commonly used therapeutic agent, however due to worker safety issues and negative environmental effects of the chemical in low retention time systems, the use of formalin may be forbidden, (Pedersen et al., 2014).

Many researchers have examined various methods of using H_2O_2 in aquaculture (Schmidt et al., 2006). Potency studies on H_2O_2 treatment have been recorded by (Gaikowski et al., 2004), analytical verification of H_2O_2 dosage by (Saez and Bowser, 2001), application in biofilter aquaculture systems by (Møller et al., 2010). The antiparasitic effects were stated by (Heinecke and Buchmann 2009), especially against *Ichthyophthirius multifiliis* in a laboratory study. It should be considered that laboratory data have been obtained under conditions that are not directly compatible with practical agricultural operation. Therefore, this study aims to show the efficacy of H_2O_2 as a suitable water treatment solution in an intensive commercial freshwater Nile tilapia farm.

Material and Methods

This study was in a private fish farm (using agricultural drainage water) in Riyadh city of Kafr El-Sheikh governorate, Egypt. Fingerlings of Tilapia; *Oreochromis niloticus*, monosex males were

propagated for studying two intensive culture systems of tilapia mono sex males (10 and 20 fish /m³). In which, three doses of hydrogen peroxide H_2O_2 were used; (0, 350 and 500mg/m³) for both stocks. Therefore, six treatments were designed in twelve concrete ponds 3x7x1 m³, (two replicates for each treatment). At an average initial length of about 10.90, 10.80, 10.60, 11.00, 10.90 and 10.70 cm and an average initial weight of 18.80, 18.70, 18.50, 18.90, 18.80 and 18.40 gm. Fish were fed on a commercial diet containing 30% crude protein six days per week by 5% feeding rate of the average fish-weight at 9.00 am, 1.00 pm and 5.00 pm during the experimental period. Ration was broadcasted over water surface in the same place. Fish were considered satiated when it did not show any interest for feeding. Also, water quality measurements, fish sampling and data collected during harvest were recorded too. Equations and statistical methods for analyzing the growth performance parameters are illustrated.

Hydrogen peroxide is the chemical compound H_2O_2 . Hydrogen peroxide is a highly reactive, strong oxidizing and bleaching (whitening) agent that is classified as corrosive at concentrations higher than 20%. Hydrogen peroxide has numerous non-medical and medical uses because of these properties. When added to water, hydrogen peroxide breaks down into oxygen and water over time, and the formation of these by-products is one reason that hydrogen peroxide is considered to be relatively safe for the environment. Hydrogen peroxide's highly reactive nature, similar in some respects to the reactivity of potassium permanganate, makes it ideal for use in aquaculture against numerous external fish-disease-causing organisms, but with similar concerns regarding toxicity. The FDA-approved product, 35% PEROX-AID® (Eka Chemicals, Marietta, Georgia), is available at a strength of 35% weight/weight (e.g., 35% active ingredient). Over-the-counter products used for human health are typically sold at 3% active ingredient, (Russo and Yanong, 2007).

Analytical methods:

Moisture content, total protein, lipids and ash were determined according to methods described in (AOAC, 1990). Growth parameters were recorded according to (Schreck and Moyle, 1990). Specific growth rate (SGR) was recorded according to the method used by (Jauncey and Rose, 1982). Microbial Count was detected according to the methods described by (Harrigan and MacCance, 1976) and (APHA, 1992). Total volatile base-nitrogen (TVB-N) values were measured according to (Goudlas and Kantians, 2005). The results are expressed as mg

TVB/N 100 g-l muscle. Peroxide value (PV) was determined in the lipid extract according to the method described by (AOAC, 2005). Results are expressed as milliequivalents oxygen per kg lipid (meq O₂/kg lipid). Thio-barbituric acid (TBA) was determined colorimetrically by the Porkony and Dieffenbacher method as described by (Kirk and Sawyer, 1991). Results are expressed as mg malonaldehyde/kg (mg MAL/kg fish muscle). Clinical pathological examinations were determined according to methods described by (Dumas and Biggs, 1972). Clinical signs and post-mortem examination were described by (Woo, 2002). Parasitological examinations were recorded according to (Lucky, 1977). Mounting and fixation of external protozoa were recorded according to (Kabata, 1985). Identification of the parasites was described by (Paperna, 1996).

Samples were organoleptically evaluated for appearance, color, odour and overall acceptability every month during storage as described by (Teeny and Miyauchi, 1972) according to the following scheme:

Description	Score	Description	Score
Fair	4	Ideal	10
Poorly fair	3	Excellent	9
Poor	2	Very good	8

Very poor	1	Good	7
Repulsive	0	Fairly good	6
		Acceptable	5

Statistical analysis:

Statistical analysis of the collected data was carried out by a computer program (SAS, 1996) using the following fixed model: $x_{ij} = \mu + \alpha_i + \beta_j + \alpha\beta_{ij}$.

Where: X_{ij} = observation of the $ijkl$ -th fish μ = Overall mean. α_i = the effect of i -th level of intensive culture. β_j = the effect of j -th levels of hydrogen peroxide.

$\alpha\beta_{ij}$ = the effect of interaction between i -th level of intensive culture and levels of hydrogen peroxide j -th. Significance was determined according to Duncan's multiple range tests (Duncan, 1955).

Results and Discussion

Body composition:

Body composition is an important aspect of nutritional quality and affects the nutritional value and consumption quality of fish. Despite the usefulness of the length-weight relationship and body composition, as well as the great economic importance of Nile tilapia (*Oreochromis niloticus*) to global aquaculture (Kamal et al., 2007) and (Azam et al., 2004).

Table 1: Effect of stocking density and hydrogen peroxide concentrations on body composition % DM basis of Nile tilapia.

Variable	Moisture%	Protein%	Fat%	Ash%	carbohydrate %	Energy (calories)
(T1)Control m3/10	73.63±0.21 ^a	63.83±0.25 ^c	18.03±0.13 ^{bc}	15.12±0.08 ^a	3.02±0.04 ^a	429.67± 1.21 ^b
(T2)350mg/m3/10	72.56±0.22 ^b	65.95±0.22 ^a	19.96±0.11 ^a	13.30±0.06 ^b	0.79±0.02 ^d	446.6±1.7 ^a
(T3)500mg/m3/10	71.45±0.20 ^c	65.31±0.23 ^a	19.44±0.10 ^a	13.45±0.07 ^b	1.8±0.03 ^c	443.4±1.4 ^a
(T1*)Control m3/20	73.97±0.23 ^a	63.51±0.25 ^c	18.15±0.11 ^b	15.22±0.08 ^a	3.12±0.04 ^a	429.87± 1.3 ^b
(T2*)350mg/m3/20	72.66±0.20 ^b	64.54±0.20 ^b	19.38±0.12 ^a	13.42±0.06 ^b	2.66±0.04 ^b	443.22±1.8 ^a
(T3*)350mg/m3/20	71.51±0.22 ^c	64.44±0.24 ^b	19.31±0.10 ^a	13.76±0.07 ^b	2.49±0.03 ^b	441.51±1.5 ^{ab}

^{a-d} Means with the same letter in each column are not significantly different ($P \geq 0.05$).

The body composition of fish has recently received attention in studies on nutrition, genetics, and health because of the increasing interest in the quality and safety of fish products (Dumas et al., 2010) and (Tobin et al., 2006).

Finally, the chemical analysis is usually used to study the effect of food on the body composition of

cultured fish. According to (Hanley, 1991), intrinsic characters (size, sex and steps of life cycle) and exogenous characters (ration formulation, feeding regime, climate, etc.) could alter the fish body composition. Sometimes, with endogenous factors, like food composition; could influence the chemical composition of fish.

Mean values for the proximate chemical composition % DM basis of Nile tilapia treated through stocking density and different concentrations of hydrogen peroxide are described in **Table (1)**. The moisture content was significantly reduced, while protein and fat were significantly increased. These results are nearly accordance with obtained by (Seok-Ryel *et al.*, 2008).

Fish when stocked at low density (10 /m³ released the highest values of protein and fat which significantly different from the density (20 /m³) for

protein content only, addition of hydrogen peroxide concentrations in experimental ponds also significantly affected protein and fat content of fish when treated by 350mg / m³ hydrogen peroxide concentration released the highest protein and fat percentages, also gave the best nutritional quality. The interaction between the two factors studied stocking density and hydrogen peroxide concentration show that released the highest protein and fat content.

Body weight:

Table 2: Least-square means and tested standard error of the factors affecting on total body weight (gm) and body length (cm).

\	10/m ³			20/m ³		
	Control (T1)	350mg/m ³ (T2)	500mg/m ³ (T3)	Control (T1*)	350mg/m ³ (T2*)	500mg/m ³ (T3*)
Initial weight	18.80±0.27 ^a	18.70±0.27 ^a	18.50±0.27 ^a	18.90±0.27 ^a	18.80±0.27 ^a	18.40±0.27 ^a
Final weight	287.80±2.78 ^c	321.20±2.78 ^a	310.40±2.78 ^{ab}	271.50±2.78 ^d	318.40±2.78 ^a	302.50±2.78 ^b
Initial length	10.90±0.23 ^a	10.80±0.23 ^a	10.60±0.23 ^c	11.00±0.23 ^a	10.90±0.23 ^a	10.70±0.23 ^b
Final length	29.50±0.97 ^{ab}	30.10±0.97 ^a	29.80±0.97 ^{ab}	30.69±0.97 ^a	30.80±0.97 ^a	29.70±0.97 ^{ab}

^{a-d} Means with the same letter in each raw are not significantly different (P≥0.05).

Table (2) shows the averages of initial weights of *O. niloticus* were 18.70, 18.50, 18.80 and 18.40 g for T2, T3, T2* and T3*, respectively; while at the end of the experiment, the averages of body weight for *O. niloticus* were 321.20, 310.40, 318.40 and 302.50g for T2, T3, T2* and T3*, respectively. The body weight for stocking rate 10 fish /m³ was higher than 20 fish /m³. The differences between both stocks were significant (P<0.05). (Ntanzi *et al.*, 2014) found that higher stocking rates affect fish growth. In this study, the first sample showed no significant effect for stocking densities on growth rate. While the second and third (further sampling) showed a great significant effect of stocking densities on growth. This can be attributed to that appropriate stocking density before attainment of carrying capacity; the fish grow properly during early culture. More interpretation could be to the positive effect of hydrogen peroxide in reducing stress and microbial load in fish ponds. Hydrogen peroxide is naturally produced in the surface water through the photovoltaic process, which involves the solution of organic materials that absorb light and molecular oxygen, which leads to the production of phytoplankton (Cooper *et al.*, 1988) and (Szymczak and Waite, 1988). Increasing the phytoplankton in

fish ponds may be the cause of improving growth performance of aquatic animals (Cooper *et al.*, 1994). Also variations were significant (P<0.05) due to the interaction between the stocking density and hydrogen peroxide concentrations. Indicating that these two factors act dependently on each other and also each of them had its own significant effect.

In addition to that the best final weight was obtained from the second treatment (T2, being 321.20g) at 350mg /m³ hydrogen peroxide concentration, (Masser *et al.*, 1999). A key to successful RAS is using of cheap water treatment system components for eliminating the adverse effects of waste products (Losordo *et al.*, 1998). In recirculating tank systems, proper water quality is maintained by pumping tank water through special filtration and aeration and/or oxygenation equipment. Each component should work in conjunction with others in the system; to maintain uniform flow rates (water and air/oxygen), fixed water levels and uninterrupted operation. (Summerfelt *et al.*, 2004) found that, recent freshwater recirculating systems are used to rear high value species of fish such as: Salmon smolt and ornamental fishes, as well as fingerlings and food-sized tilapia, hybrid-striped bass, yellow perch, eels,

rainbow trout, African catfish, Channel catfish, and Arctic charr; to name just a few.

Changes in pH, TVB-N, PV and TBA of Nile tilapia treated after stocking density and different concentrations of hydrogen peroxide are described in Table (3).

Changes in pH:

The pH of freshwater fish flesh at fresh condition is almost neutral (Seher et al., 1985). The Intracellular PH of treated Nile tilapia fishes by different concentrations of hydrogen peroxide were significantly reduced when compared with control.

These results are accordance with obtained by (Doris Abele-Oeschger et al. 1997), who reported that hydrogen peroxide causes a decrease in intracellular pH in the musculature of an animal that may very well be exposed to high ambient peroxide levels in its natural environment. A reduction in pH is discussed to be a main factor in causing a decrease in metabolic rate (Hand, S.C. and Gnaiger, 1988). The reason may be that the decrease in metabolic rate in vivo is largely caused by metabolic depression in the musculature with possibly less effect of H₂O₂ on the other tissues.

Table 3. Changes in pH, TVB-N, PV and TBA values of Nile tilapia samples after treated by stocking density and hydrogen peroxide concentrations.

\	10/m ³			20/m ³		
	Control (T1)	350mg/m ³ (T2)	500mg/m ³ (T3)	Control (T1*)	350mg/m ³ (T2*)	500mg/m ³ (T3*)
pH	7.33±0.15 ^d	7.26±0.11 ^a	7.16±0.10 ^a	7.33±0.12 ^a	7.20±0.14 ^a	7.10±0.11 ^a
PV (meq/kg)	3.4±0.07 ^b	3.7±0.06 ^b	3.9±0.07 ^b	3.4±0.08 ^b	4.1±0.08 ^a	4.3±0.08 ^a
TBA (meq/kg fish muscle)	0.2±0.02 ^d	0.5±0.03 ^c	0.9±0.04 ^{ab}	0.2±0.02 ^d	0.7±0.03 ^b	1.1±0.04 ^a
TVB-N(mg/100fish muscle)	6.1±0.10 ^c	6.7±0.12 ^c	7.8±0.11 ^b	6.9±0.11 ^b	7.1±0.11 ^b	8.4±0.11 ^a

^{a-d} Means with the same letter in each row are not significantly different (P≥0.05).

Changes in peroxide values (meq O₂/kg lipid) and thiobarbituric acid (meq/kg fish muscle).

Peroxide values (PV) and Thiobarbituric acid values (TBA) is widely used as an indicator of degree of lipid oxidation, and the presence of TBA reactive substances is due to the second stage auto-oxidation (Rezaei and Hosseini, 2008) during which peroxides are oxidized to aldehydes and ketones (Lindsay, 1991).

PV and TBA values of the fresh samples of Nile tilapia varied between 3.4 to 4.3 meq O₂/kg lipid and 0.2 to 1.1 meq/kg fish muscle for (T1) and (T3*), respectively. This result is in agreement with reported by (Wayne et al., 1988). Which showed that as hydrogen peroxide is an uncharged molecule, it easily passes through cell membranes by diffusion, inside the cells highly reactive hydroxyl radicals are liberated (2 H₂O₂ + 2e → OH + OH). In a reaction catalyzed by transition metals or other cellular reductions at high concentrations, these radicals induce peroxidation of membrane lipids and proteins.

Changes in TVB-N, values (mg/100 g fish muscle):

Measurement of TVB-N indicates the freshness of fish. TVB-N content of the fresh samples of Nile tilapia varied between (T1) 6.1±1.2 to (T3) 7.8±2.1 mg/100 fish muscle, respectively. These

results indicated a much lower content of (TVB-N) in comparison with the other fresh samples. These TVB-N values were much lower than acceptable limit which ranged between 30 – 40mg /100 g; this result is in agreement with reported by (Connell, 1976).

Water activity:

Changes in water activity (aW) are shown in Table 4. Initially, the Aw for all samples was in the range of 0.85 to 0.93, which increased significantly (P<0.05). The control samples showed higher water activity (aw) value than the counter-part samples. The difference in moisture content is a confirmation of the fact that fishes has high water content which predisposes it to high microbial spoilage if not well preserved after harvest. Also, water activity (aW) has its most useful application in predicting the growth of bacteria, yeast and mold. The knowledge of water activity is very important factor to guarantee the required stability towards microbial spoilage of the product and to ensure safety by avoiding any threat to the health of the consumer, this is because micro-organisms generally grow best between aW values of 0.995-0.980, while most microbes cease growth at Aw <0.900. It is also necessary for the transport of nutrients and the removal of waste materials, to carry

out enzymatic reactions, to synthesize cellular materials, and to take part in other biochemical

reactions (Fijelu *et al.*, 2014).

Table 4. The Water activity and Microbiological Characteristic Log₁₀ CFU/g of Nile tilapia samples after treated by stocking density and hydrogen peroxide concentrations.

\	10/m ³			20/m ³		
	Control (T1)	350mg/m ³ (T2)	500mg/m ³ (T3)	Control (T1*)	350mg/m ³ (T2*)	500mg/m ³ (T3*)
aW	0.93±0.013 ^a	0.87±0.01 ^b	0.84±0.012 ^b	0.93±0.011 ^a	0.89±0.012 ^b	0.85±0.010 ^b
Total viable count bacteria (cfu/g)	3.40 ±0.025 ^a	2.73±0.023 ^{ab}	2.09 ±0.021 ^b	3.40±0.024 ^a	2.97±0.012 ^{ab}	2.35 ±0.023 ^b
<i>E.coli</i>	0	0	0	0	0	0
Proteolytic bacteria	1.73±0.014 ^a	1.36±0.015 ^{ab}	1.04±0.013 ^b	1.73±0.012 ^a	1.48±0.013 ^{ab}	1.17±0.011 ^b
Lipolytic bacteria	0.84±0.013 ^a	0.68±0.012 ^{ab}	0.52 ±0.010 ^b	0.84±0.013 ^a	0.74 ±0.011 ^{ab}	0.58 ±0.010 ^b
Yeasts & moulds (cfu/g)	2.9±0.022 ^a	1.7 ±0.016 ^b	1.4 ±0.011 ^b	2.9±0.023 ^a	1.9±0.015 ^b	1.5±0.011 ^b

^{a-b}Means with the same letter in each row are not significantly different (P≥0.05).

The Microbiological Characteristic:

Hydrogen peroxide (H₂O₂) is highly effective against pathogenic bacteria, fungi, algae, viruses and amoebae. Hydrogen peroxide (H₂O₂) acts as the oxidizing agent which is an excellent enhancement of the disinfecting effect on pathogens (Fallik *et al.*, 1994).

The results of the microbiological analyses included the load of proteolytic bacteria, yeasts, moulds, Lipolytic bacteria and pathogenic microorganisms (*E.coli*) in various samples. Highest total viable count of bacteria (3.40 Log₁₀ CFU/g) was observed in control and the lowest (2.09 Log₁₀ CFU/g) was observed in samples of fish stocked at low density treated by 500mg of hydrogen peroxide. Highest proteolytic bacteria (1.73 Log₁₀ CFU/g) was observed in control and lowest (1.04 CFU/g) was observed in samples of fish stocked at low density treated by 500mg of hydrogen peroxide. Highest lipolytic of bacteria (0.84 Log₁₀ CFU/g) was

observed in control and lowest (0.52 Log₁₀ CFU/g) was observed in samples of fish stocked at low density treated by 500mg of hydrogen peroxide. Highest yeasts and moulds of bacteria (2.9 CFU/g) were observed in control and the lowest (1.4 CFU/g) was observed in samples of fish stocked at low density treated by 500mg of hydrogen peroxide. Pathogenic microorganisms (*E.coli*) were not detected in any samples of Nile tilapia. This result is in agreement with report by (Mohammad saeed and Mohammad reza, 2017) which showed that hydrogen peroxide is an active antimicrobial agent and can eradicate the bacteria from the water, therefore may be a useful chemical and for hygienic procedures of water against the bacterium. Also, this result is in agreement with report by (Alexandra *et al.*, 2015) which showed that hydrogen peroxide used against fish pathogens to assist fish farmers in the effective and safe disinfection of eyed eggs.

Table 5: Sensory evaluation of Nile tilapia samples after treated by stocking density and hydrogen peroxide concentrations.

\	10/m ³			20/m ³		
	Control (T1)	350mg/m ³ (T2)	500mg/m ³ (T3)	Control (T1*)	350mg/m ³ (T2*)	500mg/m ³ (T3*)
Appearance	8.7±0.15 ^b	8.7±0.16 ^b	9.2±0.17 ^a	8.7±0.16 ^b	8.6±0.15 ^b	9.0±0.17 ^a
Texture	8.8 ±0.13 ^a	8.8±0.14 ^a	8.9 ±0.15 ^a	8.8 ±0.14 ^a	8.7 ±0.11 ^a	8.9±0.13 ^a
Colour	8.1 ±0.14 ^a	8.4 ±0.15 ^a	8.6±0.14 ^a	8.1 ±0.13 ^a	8.2 ±0.12 ^a	8.5±0.14 ^a
Overall acceptability	8.6 ±0.13 ^b	8.9 ±0.11 ^{ab}	9.3±0.12 ^a	8.6 ±0.12 ^b	8.8±0.14 ^b	9.0 ±0.15 ^{ab}

^{a-b} Means with the same letter in each row are not significantly different ($P \geq 0.05$).

The sensory evaluation is presented in **Table 5**. The result obtained showed that, there were little changes in all the sensory parameters after treated the fish with different concentration of hydrogen peroxide. There were significant changes in appearance, colour, texture and overall acceptability in all the fish. The best appearance and overall acceptability were recorded for all fish samples that were fish stocked at

low density treated by 500mg of hydrogen peroxide. The most attractive appearance was recorded for fish stocked at low density treated by 500mg of hydrogen peroxide samples while the least attractive was recorded for fish stocked at high density treated by 350mg of hydrogen peroxide samples, this result is in agreement with reported by (Priya et al., 2011).

Biochemical Parameters:

Table (6). Effect of stocking density and hydrogen peroxide concentrations on biochemical and hematological parameters of *O. niloticus*.

\	10/m ³			20/m ³		
	Control (T1)	350mg/m ³ (T2)	500mg/m ³ (T3)	Control (T1*)	350mg/m ³ (T2*)	500mg/m ³ (T3*)
Total Lipids (g/L)	14.70±0.32 ^d	14.90±0.32 ^d	15.70±0.32 ^{bc}	16.60±0.32 ^b	18.90±0.32 ^{ab}	19.80±0.32 ^a
Total Protein (g/L)	2.07±0.01 ^b	2.64±0.01 ^b	3.45±0.01 ^a	2.33±0.01 ^b	2.71±0.01 ^b	3.58±0.01 ^a
Glucose (mg/L)	64.9±1.72 ^d	89.5±1.72 ^c	124.2±1.72 ^a	108.2±1.72 ^a	119.4±1.72 ^{ab}	128.4±1.72 ^a
Cholesterol (mg/L)	31.80±0.59 ^b	30.30±0.59 ^b	28.90±0.59 ^c	34.80±0.59 ^a	32.40±0.59 ^b	31.20±0.59 ^b
AST (IU/L)	17.40±0.13 ^d	22.70±0.13 ^c	26.50±0.13 ^a	21.60±0.13 ^c	24.80±0.13 ^b	26.90±0.13 ^a
ALT (IU/L)	6.10±0.07 ^c	6.30±0.07 ^c	7.80±0.07 ^b	6.10±0.07 ^c	7.40±0.07 ^b	8.80±0.07 ^a
RBCs (×10 ⁶ /μL)	1.26±0.09 ^b	1.30±0.09 ^{ab}	1.53±0.09 ^a	1.31±0.09 ^a	1.52±0.09 ^a	1.61±0.09 ^a
Hb (g/L)	6.06±0.47 ^{cd}	6.57±0.47 ^c	7.95±0.47 ^b	6.69±0.47 ^c	7.64±0.47 ^b	8.40±0.47 ^a
Ht (%)	13.80±0.178 ^d	15.00±0.178 ^{bc}	15.80±0.178 ^b	14.30±0.178 ^c	15.60±0.178 ^{ab}	16.50±0.178 ^a

^{a-d} Means with the same letter in each row are not significantly different ($P \geq 0.05$).

Hematology is an important factor that could be considered for the fish diet quality assessment, consequently nutritional quality. Hari et al. (2006) reported that the hematology would be useful for the assessment of suitability of diets and nutritional quality, feed mixtures, evaluation of fish conditions, determination of toxic effect of substances, as well as the diagnosis of disease (Avnimelech et al., 1994) reported that one of the most common blood variables consistently influenced by diet is the Hct and Hb levels.

As shown in Table (6) the stocking density (20 / m³) significantly increased blood glucose, cholesterol, total protein (g/L) and total lipids compared with the stocking density (10 / m³). Also the complete hydrogen peroxide concentrations significantly ($P < 0.05$) increased these parameters. The interaction between stocking density and hydrogen peroxide concentrations in the present study showed that, fish

when stocked (20 / m³) with treated by hydrogen peroxide showed the highest blood glucose, cholesterol, total Protein and total lipids compared with the low stocking density (10 / m³).

Chen et al., (2004) studied the comparative blood chemistry and histopathology of tilapia infected with *Vibrio vulnificus* or *Streptococcus* exposed to carbon tetrachloride, gentamicin, or copper sulphate. He found that, the hematological parameters are an important tool of diagnosis that reveals the state of health of fish. For example, decreased red blood cells and hematocrit were found in Nile tilapia experimentally infected with *Streptococcus*.

As shown in Table (6) the high stocking density (20 / m³) significantly increased hemoglobin while liver enzymes values (AST and ALT) significantly affected compared to the low stocking density (10 / m³). Also the addition of hydrogen peroxide the experimental ponds significantly ($P < 0.05$) increased

hemoglobin, AST and ALT enzymes values significantly affected. The interaction between stocking density and hydrogen peroxide in the present study showed that, fish when stocked the high density ($20 / m^3$) with highly hydrogen peroxide concentration ($500mg/m^3$) showed the highest

hemoglobin, compared with $350mg/m^3$ and control. Shows decreasing in the erythrocyte count especially for the control group indicating an anaemic case. On the other the second treatment ($350 mg/m^3 H_2O_2$) gained the best health condition (Lahnsteiner and Weismann, 2007).

Table 7 : Survival rate of *O. niloticus* and least-square means and standard error of the tested factors affecting on condition factor (K), DWG, SGR and Total mass.

\	10/m ³			20/m ³		
	Control (T1)	350mg/m ³ (T2)	500mg/m ³ (T3)	Control (T1*)	350mg/m ³ (T2*)	500mg/m ³ (T3*)
Total mass (Kg/m ³)	2.88±0.021 ^d	3.21±0.022 ^c	3.10±0.024 ^c	5.43±0.023 _b	6.37±0.022 ^a	6.05±0.025 ^a
Survival rate%	90.20±0.25 ^{ab}	93.40±0.24 ^a	93.20±0.25 ^{ab}	88.30±0.26 _b	90.90±0.25 ^{ab}	91.30±0.23 ^{ab}
Initial K	1.73±0.013 ^{ab}	1.78±0.014 ^a	1.87±0.013 ^a	1.50±0.012 _b	1.43±0.013 ^c	1.54±0.013 ^b
Final K	0.72±0.011 ^c	0.74±0.010 ^c	0.88±0.011 ^b	1.03±0.012 _a	0.95±0.011 ^{ab}	0.80±0.010 ^b
Daily weight gain(DWG), G/fish	1.60±0.012 ^b	1.80±0.012 ^a	1.74±0.013 ^{ab}	1.50±0.014 _c	1.78±0.014 ^a	1.69±0.015 ^b
Specific growth rate (SGR), /day%	1.62±0.011 ^{ab}	1.69±0.012 ^a	1.68±0.011 ^a	1.59±0.012 _b	1.69±0.010 ^a	1.67±0.013 ^a

^{a-d} Means with the same letter in each row are not significantly different ($P \geq 0.05$).

Total mass and Survival rate:

Table (7) illustrates that the highest total mass (Kg/m^3) and Survival rate ($3.21kg/m^3 - 93.40\%$) were in ponds stocked by 10 fish / m^3 compared with ($6.37kg/m^3 - 90.90\%$) stocking 20 fish / m^3 , this results seems close to the recorded by (Ntanzu et al., 2014) who found that, the high survival rates of tilapia fry at high stocking density (82.9% at 5330 fry/ m^3) indicate amenability of tilapia to intensive culture. Worthy to mention, this could also be due to favorable environmental conditions during the study. The averages of total mass of *O. niloticus* during the whole period were $2.88 kg/m^3 - 90.2\%$, $3.12 kg/m^3 - 93.40\%$, $3.10 kg/m^3 - 93.20\%$, $5.43 kg/m^3 - 88.30\%$, $6.37 kg/m^3 - 90.90\%$ and $6.05 kg/m^3 - 91.30\%$ for all treatments T1, T2, T3, T1*, T2* and T3*, respectively. While, the best total mass was obtained from the second treatment ($6.37 kg/m^3 - 90.90\%$) at stocking rate 20 fish / m^3 .

Shehab El-din et al., (2017) found during studying a similar approach to improve tilapia health; adding Hydrogen peroxide in fish ponds showed the highest survival rate. In additional tests with fathead minnows (*Pimephales promelas*), bluegill sunfish (*Lepomis macrochirus*), and channel catfish (*Ictalurus punctatus*) fingerlings, no mortality was

observed for exposures up to 350, 500 mg, respectively, for 45-min exposures. Walleye (*Sander vitreum*) fish were the most sensitive species tested; some mortality was observed even at the lowest exposure concentration (1.13 mg) as described by (Gaikowski et al., 2004).

Rach et al., (2003) investigated the toxicity of H_2O_2 to various species of freshwater fish and observed that, most species are quite tolerant to exposure. Rainbow trout (*Oncorhynchus mykiss*), brown trout (*Salmo trutta*), and lake trout (*Salvelinus namaycush*) fingerlings showed no mortality during growth, when exposed to concentrations reaching 283, 283 and 1.132 mg/L, respectively.

Condition factor (K):

As recorded in Table (7), the averages of initial (K) were 1.73, 1.78, 1.87, 1.50, 1.43 and 1.54. While, the averages of final (K) were 0.72, 0.74, 0.88, 1.03, 0.95 and 0.80, respectively for all treatments. So, the best (K) value was obtained from the second group (T2, being 0.95) by the higher stock.

Shehab El-din et al., (2017) when studied influence of hydrogen peroxide on performance, body composition and health status of monosex males of Nile tilapia fingerlings found that, the condition factor was positively better by adding it on water for fish.

Moreover, health status was improved. Significant ($P < 0.05$) changes may be due to the interaction between stocking density (10 and 20 fish/m³) and hydrogen peroxide treatments (control, 350 and 500mg/m³, respectively). Condition factor of fish is an important measure of relative musculature to bony growth. Various responses of these tissues to feeding regime may be reflected by changes in condition factor (Soltan et al., 1999 and Ibrahim et al., 2000). It is mostly assumed to reflect not only characteristics of fish such as health, reproductive state and growth but also the environment condition such as habitat, water quality and prey availability.

Daily weight gain (DWG):

As recorded in Table (7), the averages of (DWG) for *O. niloticus* were 1.60, 1.80, 1.74, 1.50, 1.78 and 1.69 g/fish for both stocking densities respectively, for all treatments. The differences between the two stocking densities were significant ($P < 0.05$). Obviously the dose 350 mg/m³ H₂O₂ was higher than the lower ones. The obtained results agreement with (Szymczak and Waite, 1988 and Cooper et al., 1994) who reported that Hydrogen peroxide aids in the solution of organic materials that absorb light and molecular oxygen, thus producing more nutritive planktons.

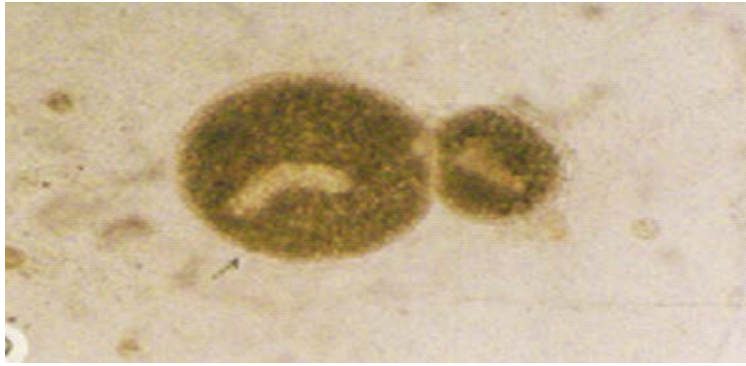
Specific growth rate (SGR):

As recorded in Table (7), the averages of (SGR) for *O. niloticus* were 1.62, 1.69, 1.68, 1.59, 1.69 and 1.67 g/fish for both stocking densities respectively, for all treatments. The differences between the two stocking densities were significant ($P < 0.05$). Obviously the dose 350 mg/m³ H₂O₂ was higher than the lower ones. In which giving 350 mg/m³ hydrogen peroxide was found to be higher than the other treatments. Analysis of variance of these results indicates that, the differences among treatments were significant ($P < 0.05$). So the best (SGR) was obtained for second treatment (350mg/m³, being 1.69) for stocking rates 10 and 20 fish /m³. Shehab El-din et al., (2017) found that, the averages of (SGR) of *O. niloticus* fingerlings were 1.84, 1.91 and 1.92 %/day for the three treatments, respectively. These results indicate that, SGR for T3 recorded the highest values compared to control (T1) and T2 and the differences

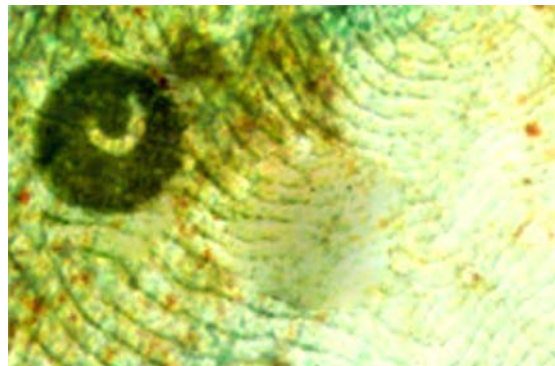
among treatments were significant ($P < 0.05$). SGR values obtained in the present study in the normal range for the same specie obtained by many authors (Abou Zead et al., 2008) and (Hassaan and Soltan, 2016).

Clinical signs, post-mortem examination and Parasitological examinations of fish:

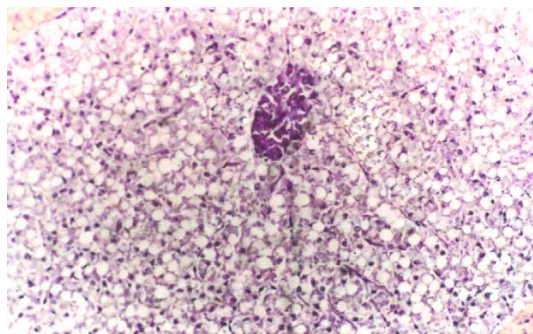
Few fish from the control group were dull in appearance with slimness due to the excessive amounts of mucous over the whole body surface. Scale detachment (loose scales), hemorrhages, wounds (faded whitish spots on the external body) and ulcers, were also noticed. Which might be caused by an irritation (itching); due to ciliated protozoal act on the fish, while the mucous was released to relief is itch, inflammatory reaction), (Woo, 2002) Microscopical smears were taken from gills, skin and fins of examined fish showed large round to oval shape ciliated parasites from 0.5 up to 1 mm in diameter. They have macronucleus embedded in the protoplasm and characterized by a horseshoe, crescent or C-shape. The micronucleus is spherical, very small. Such ciliated protozoans were related to family Ichthyophthiridae, genus Ichthyophthirius multifiliis (commonly known as ich), pictures (1 and 2) (Paperna, 1996). Ich is a widespread ectoparasitic ciliate that occurs in temperate, subtropical, and tropical zones, and may cause considerable loss of fish, particularly under farm or hatchery conditions (1,2). According to (Hines and Spira, 1974), *ichthyophthiriasis* is probably the most devastating parasitic disease of cultured fish. The parasitic ciliate *Ichthyophthirius multifiliis* (Ich) is one of the most important protozoan pathogens of freshwater fish worldwide. The *ectoparasites* have an economic impact on fish production through fish mortalities, low body weight gain, reduced quality fish meats plus the marketing value. Furthermore, the adverse environmental conditions in the water of the ponds may weaken the immunity status of the fish and favor the growth and spread of the ectoparasites. Indeed, the *ectoparasites* may cause skin injuries which facilitate the invasion of other fish pathogens, (Eissa, 2002).



Picture, (1): *Ichthyophthirius multifiliis* wet mount high power



Picture (2): *Ichthyophthirius multifiliis* stained Giemsa, high power



Picture, (3): showing epithelial hyperplasia, mucous cell proliferations and necrosis in the skin

Histopathological results:

Epithelial hyperplasia, mucous cell proliferations and necrosis, (Jørgensen *et al.*, 2014) in the skin could limit the osmoregulatory gas and ion exchanges in the fish leading to metabolic disturbances being lethal for fish in the control untreated group, picture (3).

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How to cite this article

El-Bab A.F. F., Fouad I.M., Shehab El-din M.T. and Elgndy M.O. (2018). Evaluation effects of hydrogen peroxide on health status and quality characterization of *Nile tilapia (Oreochromis niloticus)*. *Int. J. Pharm. Life Sci.*, 9(2):5701-5714.

Source of Support: Nil; Conflict of Interest: None declared

Received: 31.12.17; Revised: 20.01.18; Accepted: 10.02.18